



MATSYA VEDA[®]
HERBALS



INFANTO CARE

For Infant Colic, Gripping pain, Constipation & Flatulence.

Overview

Infanto-care helps Infants & children who suffer with colic, flatulence, diarrhoea, dysentery, acidity, vomiting, weaning, constipation, abdominal pain, loss of appetite, etc due to teething, climate changes or unsuitable diet. It also helps in overall growth of the child by expelling intestinal worms, toning up the digestive system and building strong bones.



HOW IT WORKS

Infanto-Care modulates the secretions of gastric acid and soothes the mucosal lining of the stomach. The carminative action helps to relieve belching and gas, and the antispasmodic action helps to alleviate abdominal pain. The herbs in Infanto-Care contains natural thymol, an active enzymes, which aids the release of gastric juices from the stomach and thus, speed up the process of digestion. This is the reason, why it plays a key role in relieving indigestion, flatulence, nausea and colic pain in babies.

It also contains FDA-approved nonprescription natural laxative and thus an excellent bowel cleanser that alleviate constipation. It works by interacting with the bacteria in the digestive tract, resulting in intestinal contractions. It can be consumed by children as well by expecting mothers. It increases bile secretion and encourage bile flow, which helps to speed and ease digestion. Infanto-Care also reduces diarrhea. Overall it keeps the digestive system healthy and greatly helps while babies teething or switching diets.

WHERE TO USE (INDICATION)

Infant suffering with colic, flatulence, diarrhoea, dysentery, acidity, vomiting, weaning, constipation, abdominal pain, loss of appetite, etc due to teething, climate changes or unsuitable diet.

HOW TO USE (DOSAGE)

Upto 3 months = 1 teaspoon, 3 months to 1 ½ years = 2 teaspoons, 1 ½ to 3 years = 4 teaspoons, 3 to 5 years = 6 teaspoons. Give above dosage twice a day in morning and evening.

In case of constipation, recommend to warm the medicine before feeding to the child. It is safe for long term use and is Non-Habit forming.

NET CONTENT

50 ml (1.69 oz) and 100 ml (3.38 oz).

COMPOSITION

100 ml contains :

Common Name	Botanical Name	Quantity
Saunf (Fennel)	Foeniculum vulgare mill	1.25 gms
Ajwain	Trachyspermum ammi	1.25 gms
Sennai	Cassia angustifolia	1.25 gms
Amaltas	Cassia fistula linn	1.25 gms
Gul Banafsha	Viola odorata linn	1.25 gms
Makoi	Solanum nigrum linn	1.25 gms
Gulab Leaves (Rose Leaves)	Rosa centifolia linn	1.25 gms
Naushadar	Ammonium chloride	1.25 gms
Amla (Indian Gooseberry)	Phyllanthus emblica linn	1 gm
Harad	Terminalia citrina roxb	1 gm
Baheda	Terminalia Bellerica	1 gm
Harad Small	Terminalia citrina roxb (small)	1 gm
Pudhina (Mint)	Mentha spicata linn	1 gm
Vidanga	Embelia ribes burm	1 gm
Black Cumin	Carum carvi linn	1 gm
Black Salt	Unaqua sodium chloride	1 gm
White Cumin	Cuminum cyminum linn	1 gm
Mulethi	Glycyrrhiza glabra linn	1 gm

CONTRADICTIONS

None.

SIDE EFFECTS

None Reported.

**SUGGESTIONS**

In case of constipation, recommend to warm the medicine before feeding to the child.

**COMPATIBILITY**

It can be taken with other medicines.

MEDICINAL PROPERTIES OF INGREDIENTS

Based on scientific research and practices followed from past 5000 years, each herb has been added to Infanto-Care for its medicinal value.

Saunf | *Foeniculum vulgare mill*

Fennel seeds are one of the important medicines used for treating inflammation of the stomach. Fennel seed powder is commonly used to treat gastritis symptoms. It modulates the secretions of gastric acid and soothes the mucosal lining of the stomach. The carminative action helps to relieve belching and gas. The antispasmodic action helps to alleviate abdominal pain. Its antiemetic action helps to cure nausea and vomiting. It has gastric secretion modulation action, which helps to reduce acidic taste and sour taste in the mouth.

Ajwain | *Trachyspermum ammi*

The active enzymes in ajwain help in boosting digestive functions by facilitating the release of gastric juices. It enhances the release of gastric juices in order to speed up the digestion process. Ajwain contains high levels of thymol, a chemical, which aids the release of gastric juices from the stomach and thus, speed up the process of digestion. This is the reason, why ajwain plays a key role in relieving indigestion, flatulence, nausea and colicky pain in babies.

Sennai | *Cassia angustifolia*

Senna is an FDA-approved nonprescription laxative. It is used to treat constipation and also to clear the bowel before diagnostic tests such as colonoscopy. Senna is a herb that is generally used for its laxative properties. It works by interacting with the bacteria in the digestive tract, resulting in intestinal contractions. These contractions are caused by the anthraquinone that is contained in senna. These dimeric glycosides anthraquinone derivatives are known as Senna glycosides or sennosides. These compounds work as a laxative by smoothing the muscles as digested food moves through the intestines. This helps to enhance the stool volume and move it out of the colon. The process is caused by the chain of fatty acids that promote digestion, fermentation, and successfully converting the glycosides into a purgative agent.

Amaltas | *Cassia fistula linn*

The pulp obtained from the fruit of the Cassia Fistula tree is called the cassia pulp and is known to be an effective laxative. It can be consumed by children as well by expecting mothers. It is laxative and antipyretic in properties & is excellent bowel cleanser.

Gul Banafsha | *Viola odorata linn*

Gul Banafsha is excellent herb to alleviate constipation. It is also effective against fever and helps in inducing sleep.

Makoi | Solanum nigrum linn

Makoi reduces gas formation in the stomach. It is also considered good for cancers of digestive systems.

Rose Leaves | Rosa centifolia linn

Rose petal is efficient in cleansing the gall bladder and liver, and it helps improve bile secretion.

Naushadar | Ammonium chloride

Naushadar is efficient in treating Bloating and Flatulence.

Amla | Phyllanthus emblica linn

Amla helps the body to absorb and assimilate nutrients from the foods we eat. It also reduces diarrhea and helps to flush out toxins. Amla boosts metabolism, leading to the reduction of fat accumulation in the body. It also keeps the stomach full for a longer period of time.

Harad | Terminalia citrina roxb

It has laxative properties that is good to treat various stomach problems such as acidity, constipation, indigestion etc. It removes toxins from the body and keeps the digestive system healthy. It is used for its anti-inflammatory, analgesic and antipyretic properties. Haritaki or Terminalia chebula contains several phytochemical (chemical compounds that occur naturally in plants) constituents, including chebulic acid, gallic acid, ellagic acid, tannic acid, amino acids, flavonoids like luteolin, rutins and quercetin etc. These chemicals gives the tree its therapeutic values. The fruits of tree are antioxidant, carminative, astringent, expectorant, gentle purgative, laxative, antibacterial, antiviral, and antifungal.

Baheda | Terminalia Bellerica

Baheda is is laxative in nature. The ripened fruit of this plant acts as an astringent and anti-diarrheal.

Harad Small | Terminalia citrina roxb (small)

This herb cleans out your stomach and improve digestion. It gets rid of ama (the sticky waste-product of digestion) from the bowels and thus detoxifies the body (especially the stomach). Ayurvedic texts state that this herb also helps improve assimilation of the nutrients that we eat, making us healthy.

Pudhina | Mentha spicata linn

Pudhina (Mint) is a calming and soothing herb that has been used for thousands of years to aid with upset stomach or indigestion. Mint is increases bile secretion and encourage bile flow, which helps to speed and ease digestion.

Vidanga | Embelia ribes burm

Vidanga sets right digestion and prevents constipation. Since it effectively controls digestive fire and helps in constipation, this herb is widely used in treating piles or haemorrhoids. It increases the motility of intestines and eases the bowel evacuation.

Black Cumin | Carum carvi linn

The presence of thymol and other essential oils in cumin seeds stimulate the salivary glands thereby helping in the digestion of food. Apart from this, it strengthens a sluggish digestive system.

White Cumin | Cuminum cyminum linn

Enzymes present in cumin help to break down food and thus aid in digestion. Due to its high fibre content, cumin boosts the activity of the gastrointestinal tract which in turn stimulates enzyme secretion. This is why cumin powder is commonly used as a natural laxative.

Black Salt | Unaqua sodium chloride

Black Salt reduces intestinal gas and flatulence due to its anti-flatulent characteristic. It also helps heaviness in the abdomen after meal. It reduces acid reflux and balances the acid production in the stomach.

Mulethi | Glycyrrhiza glabra linn

Mulethi (licorice) Combats Digestive Ailments. Licorice root is helpful in treating digestive problems, such as constipation, acidity, heartburn, stomach ulcers, inflammation of the lining of the stomach, and acid reflux. Its mild laxative effect plays a key role in regulating bowel movements.

METHOD OF PREPARATION

Infanto-Care takes 2-3 days for preparation. The method of preparation has been followed as described in ancient Ayurveda text that dates back to 5000 years. We have been preparing Infanto-Care since 1892.

Infanto-Care is made with the distillation process. All the fresh herbs are first washed and then sun-dried. Then the herbs are mixed well together in water. The process of distillation begins with heating the liquid to boiling point. The liquid evaporates, forming a vapor. The vapor is then cooled, by passing it through pipes at a lower temperature. The cooled vapor then condenses, forming a distillate. The distillate is a purified form of the original liquid. When the liquid evaporates, many impurities are left behind, so they are not present in the distillate.

RESEARCH REFERENCES

Scientific research has proven that the herbs used in Infanto-Care helps treating Infant Colic, Gripping pain, Constipation & Flatulence.

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